

MASSAGE

Massage has so many benefits.
It is non invasive and so effective for
the whole body !

- What can massage assist with:
Injury repair/ prevention
Temperament
Relaxtion
Regain balance and connection
Range of Movement
Flexibility
Reduces fatigue of muscles



- It not only works the muscles it works the whole body including:
Fascia
Lymphatic System
Respiration
Digestion
Blood/Skin
Nervous System



No longer just for the elite sport horse.
ALL horses benefit from massage.
No matter age, size or discipline

- Massage can be:
Stimulating
Healing
Relaxing



HOW
TO
BOOK

CALL US AT
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